



# Kids On the Go Summer Feeding Program



**SLIMMER  
MEALS**



This summer, Kids On the Go, a program of the Fredericksburg Regional Food Bank, will be providing nutritious, freshly prepared meals to children 18 years of age and younger at the following locations:

<b>Caroline Family YMCA</b> 17422 Library Blvd Ruther Glen, VA 22546	June 4 — August 8 <b>Closed July 4</b> Tue, Wed, Thurs 12:30pm — 1:30pm
<b>Caroline Parks &amp; Recreation</b> 17202 Richmond Turnpike Milford, VA 22514	June 4 — August 8 <b>Closed July 4</b> Tue, Wed, Thurs 12:00pm — 1:00pm
<b>Caroline Pines</b> 26036 Shannon Mill Dr. Ruther Glen, VA 22546	June 4 — August 8 <b>Closed July 4</b> Tue, Wed, Thurs 11:30am — 1:00pm
<b>Lake Land 'OR</b> 321 Land 'Or Drive Ruther Glen, VA 22546	June 4 — August 8 <b>Closed July 4</b> Tue, Wed, Thurs 12:00pm — 1:30pm
<b>Lake Land 'Or Heritage</b> 928 Kent Drive Ruther Glen, VA 2256	June 4 — August 8 <b>Closed July 4</b> Tue, Wed, Thurs 12:00pm — 1:30pm
<b>Ladysmith Community Center</b> 7278 Ladysmith Road Ruther Glen, VA 22546	June 4 — August 8 <b>Closed July 4</b> Tue, Wed, Thurs 12:00pm — 1:00pm
<b>Salem Church Library</b> 2607 Salem Church Road Fredericksburg, VA 22407	June 4 — August 8 <b>Closed June 11, 18 &amp; July 4</b> Tue, Wed, Thurs 11:30am — 1:00pm
<b>Garrison Woods – Better Tomorrows</b> 207 Garrison Woods Dr. Stafford, VA 22556	June 25 — August 1 <b>Closed July 4</b> Tue, Wed, Thurs 11:00am — 1:00pm
<b>Kate Waller Barrett Elementary School</b> 150 Duffey Dr. Stafford, VA 22556	July 9 — July 18 Tue, Wed, Thurs 11:00am — 12:30pm

This institution is an equal opportunity provider

For more information please contact LaToya Brown at [labrown@fredfood.org](mailto:labrown@fredfood.org)

**FREDERICKSBURG  
REGIONAL FOOD BANK**

Locust Grove • Stafford • Caroline  
Spotsylvania • King George • the  
City of Fredericksburg

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